



2021-2022

ABBOT ALPHEGE ACADEMY LUNCH MENU AUTUMN TERM 1

PLEASE NOTE: CHILDREN IN Yr 0 – Yr 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.50 CHARGE DOES NOT APPLY

	MEAT FREE Monday £2.50	Tuesday £2.50	Wednesday £2.50	Thursday £2.50	Friday £2.50
Main Meal	Homemade 3 Cheese and Tomato Pizza	“Free Range” Homemade Pork Sausage Roll	“Farm Assured” Roast Seasoned Chicken Breast and Yorkshire puddings	Spaghetti Bolognaise	MSC Jumbo Cod Fish Finger
Vegetarian Option	Annie’s wholesome Vegetable Risotto	Cheese and onion bake	Quorn chicken fillet	Macaroni Cheese with a panko crumb topping	Veggie Burger and a Tomato Salsa
All of the above served with	Herby diced potatoes, Fresh salads, Homemade bread	Seasoned New Potatoes, Peas, Choice of fresh Salads, Freshly Baked Bread	Roast Potatoes, Seasonal Fresh vegetables, Gravy, Freshly Baked Bread Choice of Fresh Salads	Choice of Fresh Salads, Freshly Baked Garlic Bread	Chips, Baked Beans, Sweetcorn and Fresh Salads, Freshly Baked Bread
Alternative	N/A	Oven baked Jacket Potato Served with Tuna Mayonnaise, Baked Beans or Cheese	N/A	Oven baked Jacket Potato Served with Tuna Mayonnaise, Baked Beans or Cheese	Farm Assured Ham served with Chips, Beans or Sweetcorn
KS1/KS2 Lite Bite	Tuna Salad Served with pasta and freshly baked bread	N/A	Ham Salad Served with pasta and freshly baked bread	N/A	Free Range Egg Salad Served with pasta and freshly baked bread
KS2 Lite Bite	Tuna Mayo Baguette Served with Fresh Salad Bar	N/A	Ham Baguette Served with Fresh Salad Bar	N/A	Free Range Egg Baguette Served with Fresh Salad Bar
Dessert	Organic Yoghurt Fresh Fruit Salad	Fruity Flapjacks Organic Yoghurt Fresh Fruit Salad	Fruit Jelly Organic Yoghurt Fresh Fruit Salad	Chocolate Orange Sponge Organic Yoghurt Fresh Fruit Salad	Ice Cream Pots Organic Yoghurt Fresh Fruit Salad

Please Note:

Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child’s needs. For those Pupils with Allergies a copy of the Allergens list can be obtained from the school office. Please contact Chef Annie should you have any concerns. **Water Available Daily.**