



ABBOT ALPHEGE ACADEMY LUNCH MENU TERM 5 2022

PLEASE NOTE: CHILDREN IN Yr 0 – Yr 2 ARE ELIGIBLE TO RECEIVE UNIVERSAL INFANT FREE SCHOOL MEALS. THEREFORE, THE £2.50 CHARGE DOES NOT APPLY

	MEAT FREE Monday £2.50	Tuesday £2.50	Wednesday £2.50	Thursday £2.50	Friday £2.50
Main Meal	Yummy Pizza Swirls Herby diced potatoes	Chicken Burrito with a sweet and sour sauce	Tasty pork sausages Homemade Yorkshire puddings	Chef Annie's Meatballs	MSC Jumbo Cod Fish Finger
Vegetarian Option	Tricolore Fusilli Pasta with homemade pesto sauce	Veggie Burrito with a sweet and sour sauce	Quorn Sausage Homemade Yorkshire puddings	Vegetarian Swedish Meatballs in a fresh tomato sauce	Homemade Veggie Burger
All of the above served with	Homemade brown bread Choice of Fresh Salads	Steamed sweetcorn Fresh bread Choice of Fresh Salads	Mini roast potatoes Fancy peas Homemade gravy Choice of Fresh Salads	Spaghetti Steamed Broccoli Garlic Bread Choice of Fresh Salads	Chips, Baked Beans, Peas and Fresh Salads, Freshly Baked Bread
Alternative	Jacket Potato Served with Tuna Mayonnaise, Baked Beans or Cheese	N/A	N/A	Jacket Potato Served with Tuna Mayonnaise, Baked Beans or Cheese	Farm Assured Ham served with Chips, Beans or Sweetcorn
KS1/KS2 Lite Bite	N/A	Cheese Salad Served with pasta and freshly baked bread	Ham Salad Served with pasta and freshly baked bread	N/A	Free Range Egg Salad Served with pasta and freshly baked bread
KS2 Lite Bite	N/A	Cheese Sandwich Served with Fresh Salad Bar	Ham Sandwich Served with Fresh Salad Bar	N/A	Free Range Egg Sandwich Served with Fresh Salad
Dessert	Fresh fruit Smoothie Organic Yoghurt Fresh Fruit Slices	Orange Shortbread Organic Yoghurt Fresh Fruit Slices	Fruit Jelly Organic Yoghurt Fresh Fruit Slices	Banana Cake Organic Yoghurt Fresh Fruit Slices	Ice Cream Organic Yoghurt Fresh Fruit Slices

Please Note:

Any child with food allergies or intolerances will be offered an alternative Main Course and Dessert to meet your child's needs. For those Pupils with Allergies a copy of the Allergens list can be obtained from the school office. Please contact Chef Annie should you have any concerns. **Water Available Daily.**